

ABSTRACT :

Author : Dr.Sunil V.Kari
Consultant Surgeon,
Diabetic Foot Surgeon.

Institute : Sou.Mandakini Memorial Hospital,
Bhagya Plaza,NCM,Deshpandenagar,
HUBLI.-580 029.Karnataka State. INDIA.

Title : 'Answering the Newer complications after Salvaging DF.'
[5 year followup Study]

Purpose. : India will be capital of Diabetes.Hubli city population is 10lakh.Sarrounding 250 Kms radius we have 8 Districts. The total Population of North Karnataka is 2 crore.The Feet at risk are nearing 40 lakhs.

We are working with 80% illiterate Group. It is very difficult to educate these Diabetic Population regarding 'FOOT CARE'.

Negligence on the part of Patient & lack of awareness of DFI in Doctors & Consultants is the major concern in India.There is no Podiatry Branch.No Consultant is trained efficiently to handle Diabetic Foot Problems. DFI attending my Hospital are already treated by Consultants, failed to Salvage the Limb.

The DF who underwent FES & Foot was salvaged had many complications within two years.These complications were related to Biomechanics of Foot.Patients stopped using custom made Foot Wears after Two years & landed with callosity ,Cracks,Ulcer on Gr.Toe on Normal Foot.These were due to shifting of Body weight on normal Foot.

Objective : I have my Protocol.I assess Operated Foots as Follows.

Wound Location	F/WDuration [Month]	Off-loading	Foot Wear
1.Dorsal Lesion	Every 2month	Nil	Advised
2.Plantar Lesions.	Every Month	Yes.	Advised

Patients missing the F/W ,Avoid using off-loading,stop using Diabetic Foot Wear have landed with Complications.

**Conclusion : It is mandatory to follow every Patient who has undergone Foot Salvage.The Foot Bio-mechanics is altered & they need constant observation.These patient need close monitoring to know ther pressure points.
Change of Life Style is must.Avoiding Upright posture for longer periods is must.
Correction of Pressure points by attending regularly OPDs is must.
X-ray Foot is mandatory every 3 months.**