Rebuilding in Phases

- There is no specific protocol for any individual, but a combination of what is pertinent for their healing. Please remember the importance of interfacing with your client and choose those therapies that are appropriate. This is an active Interfacing Protocol for you to follow.

Keeping the Body Vibrating at a high Energy

“…all strength, all healing of every nature is the changing of the vibrations from within, the attuning of the divine within the living tissue of a body to Creative Energies. This alone is healing. Whether it is accomplished by the use of drugs, the knife, or what-not, it is the attuning of the atomic structure of the living cellular force to its spiritual heritage.”

Reading_1967-1 The Legacy of the Cayce Health Readings

Five Pillars of Health
Rebuilding the Systems
Bio-Terrain Temperature:
Stress Index

- Exhaustion
- Adaptation
- Alarm

Evaluation
- Soc index & main test (Five Pillars+ Five Elements)
- Parameters of life: Auto Varhope & Selye Bar (Phase? Alarm - adaptation – exhaustion)
- Spiritual - mental - physical - environmental - social
- Load Chart maker Color Reports (Charts of causes of disease, Risks, Aggravations, Emotions, Organs), Nelson Report
- Solutions
- Super conscious search for therapy
- Risk of Profile & Amino acids - mineral
- Virtual Doctor
- Patient Super conscious reduction Panel
- Super conscious choices of QXCI therapies

Evaluation
- Homotoxicology phase & Embryo. Layer
- Nutritional evaluation
- Xenobiotics
- Nosodes & Miasm
- Organ Sarcode
- Bio Terrain
- Hormone
- Stress and Cortisol
Evaluation

- Darkfield Analysis: Super-consciousness Scan of the Blood, Pliomorphic panel, Recommended Action
- Anti aging & free radicals [Oxidation, biologic age]
- Biorhythm
- Medical Astrology
- “Spinal” Time Therapy Sarcodes
- “Time Therapy Music”
- Allergy
- Dental Evaluation

Elimination

Symptoms of Malabsorption

If the effort to process required nutrients is too great, the colon reabsorbs toxins into the bloodstream, lowering the body’s defenses, resulting in such symptoms as:

- Fever
- Arthritis
- Headaches
- Mental Illness
- Hypertension
- Asthma
- Nervousness
- Bloating
- Hemorrhoids
- Poor Digestion
- Heaviness in Abdomen
- Low Energy
- Blemished Skin/Acne
- Allergies
- PMS
Colonic Plaque

When food is ingested, it travels through the stomach, into the intestines, and finally to the colon. Nutrients are absorbed along the way, giving the body the appropriate nourishment it requires. Absorption may be inhibited if the walls of the colon are covered with plaque deposits. This formation of plaque may be the result of one or more of the following factors:

- Lack of Exercise
- High Stress
- Western Diet/Poor Diet
- Overeating
- Polluted Environment
- Refined Foods
- Processed Foods
- Ignoring "The Call of Nature"
- Chemical Additives/Preservatives

Colonic Hydrotherapy

- Used periodically, Colonic Hydrotherapy:
- Removes waste build-up (which may produce the symptoms listed above)
- Eliminates parasites
- Relieves intestinal stress
- Gently exercises the colon
- Massages the colon, relieving kinks and obstructions caused by stress
- Cleans blockages and pockets where food can become trapped
- The user generally has a greater feeling of cleanliness and an overall sensation of well-being, along with feeling lighter and more energetic. The body can once again absorb nourishment from foods and defend itself against disease.

Biological Terrain is a term used to describe the underlying biochemistry of the human body and how all interacts together
ASSIMILATION: Small Intestine & Heart
Why Live Blood Analysis?

Since the human body is an interactive community of cells, the physiological processes within each and every cell and the communication between cells can determine the health status of the whole organism. We choose to study live blood cells because blood interacts with all the different cell types and tissues and therefore it represents most accurately the internal environment of the body. The blood provides nutrients and oxygen to the different body cells and removes toxic wastes, which are formed as a part of normal cell metabolism. The blood also contains pathologic and non-pathologic elements obtained from the external environment (either from an injury, an infection, or from the digestive tract). Thus, we study the blood as a general representative of the events and conditions encountered by the entire community of cells. The blood is easily available with minimal trauma, it is readily replaceable by the body, and it has uniform consistency, which improves the testing quality.

Dark Field Microscopy

- Candida/Fungal Infection?
- B-12 Deficiency?
- Bacteria or Virus?
- Parasites?
- Poor Immune System?
- Anemia?
- Vascular (Blood Vessels) Disease?
- Free Radical Damage?
- Live blood analysis (via dark field microscopy) can detect these and many other important health concerns, thereby assisting the physician in making more accurate, thorough diagnosis and prescribing specific, appropriate therapy.

Microscopic observation of live blood

Live blood can reveal numerous aspects of a person's health; for example,

- systemic nutritional efficiency
- Liver congestion,
- oxidative stress,
- circulatory problems,
- bone marrow dysfunction, and
- some digestive diseases may manifest themselves in this highly sensitive test, even when more common laboratory tests appear normal.
- The presence of infectious bacteria, parasites, fungus, and even certain viruses may be readily visualized, often times revealing the underlying causes for chronic, unexplained symptoms that the individual has been experiencing, from chronic fatigue, malaise, and pain, through digestive problems, to nervous/mood disorders.
Benefits of Infrared Sauna

- Accelerates metabolism (at least 600 calories burned in 30 minutes).
- Boosts the immune system.
- Enhances detoxification processes.
- Reduces pain (promotes analgesia).
- Promotes deep cleansing of skin pores.
- Induces muscle relaxation.
- Accelerates breakdown of cellulite/fat.
- Provides an anti-cancer effect (induced by hyperthermia, enhanced immune and circulatory systems and elimination of carcinogenic toxins).
- Improves skin nourishment/skin conditions.
- Accelerates healing from wounds, injuries, and surgeries, and thus reduces scarring.
- Reduces physiological and mental/emotional stress.
- Warms muscles (maximizes muscle performance and minimizes exercise-related injury).
- Enhances nutrient/oxygen supply to deep tissues.
- Improves digestion.
- Promotes softening and elasticity of old scars (internal or external) and keloids.
- Enhances circulation in deep and superficial tissues.

Immunity

Oxidation & Inflammation
Regeneration

Rebuilding the System

• To achieve the expected results that others have achieved successfully. It is Highly recommended to follow the dietary recommendations outlined in Kevin Trudeau’s book, Natural Weight Loss Cures.

Phase 1: Detoxifying the Body takes 30 days to complete!

Here are the Dos and Don’ts of What is on the Diet.

• Water- fat people are dehydrated. Drink one half to one gallon daily of filtered water. Never drink tap water as it’s loaded with chlorine and fluoride.
• Walk one hour per day. This is perhaps the most difficult step of phase one but will provide the most profound long-term lasting effects. Any amount of walking, however will help reset your body’s weight point to what it should be.
• Extra Virgin Raw Coconut Oil-use this for cooking. It stimulates metabolism.
• Colonics-colon cleansing alone helps people lose weight! See a certified colon hydro therapist.
• Apples- 2 organic apples every day help regulate blood sugar and reduce appetite.
• Grapefruit- 2 organic grapefruit daily. They release an enzyme that’s a proven fat burner.
• Eliminate or reduce candida. This is a major cause of constipation and food cravings. Try the product ThreeLac
• Take whole food supplements, digestive enzymes and probiotics.
• Drink green tea and/or yerba mate tea daily.
• Do a heavy metal cleanse and a liver cleanse.
• No trans-fats, high fructose corn syrup, MSG or artificial sweeteners.
• Eat a salad loaded with organic vegetables with your lunch and dinner in addition to whatever you eat. This will help stimulate digestion and reset the body’s weight point.
• No fast food. No nitrites or farm-raised fish.
• Eat cinnamon and hot peppers.
• Limit carbonated drinks and ice cold drinks. Drinking beverages that are very cold actually slow digestion and increase hunger.
• Exercise with a rebounder (mini trampoline), do yoga and get massage. Lift weights.
• Limit all drugs, whether prescription or over the counter. You may need to seek medical advice to do this.

Though the list may seem overwhelming, doing any of these things in whatever amount helps speed the weight loss process and reduce hunger.