Five Pillars of Health

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How you look at things matters in Quantum Physics:
Quantum Evaluation

• Quantum Evaluation allows the practitioner to create a protocol individualized and personalized for every client.
• In quantum medicine, less is better, and to achieve this principle the practitioner must identify the specific stressors: physical, vital, mental, supramental and spiritual.
• Evaluation engages simultaneously all domains to understand how consciousness can fully actualize the full potential of a human being.

Quantum Evaluation:

The system of the Five Pillars of Health, Five Bodies, Five Elements and Seven Chakras, will help to organize and understand the quantum parameters as well as how to evaluate and improve health, unlocking the stressors that create a resistance to the full potentiality and a state of positive health.

Vital Body
• Morphogenetic fields or blueprints and the mode of their quantum movement
• Has been defined by traditional Chinese medicine & Ayurveda medicine for century
• Physical: five Pillars (Traditional Naturopathic approach)
Bio-Vital-Mental-Supramental-Bliss Terrain

Modern Naturopathy: A Model for Prevention

Modern Medicine: No Intermediary Stage
Modern Naturopathy: Stages of Health
In Quantum Natural Medicine Health is a Matter of Choice

Sympathic-on  Stressor (Toxins)
Ease  →  Disease

Health  Alarm  Adaptation  Exhaustion  Functional  Organic  Death
Quantum Medicine: Positive Health

In Quantum Medicine, the Quantum Doctor has to facilitate the transcendence of the ego-character to the emergence of the Quantum Self.

- Consciousness Medicine is about creatively transforming the conditioned movement of chi-prana at the organ-meridians-Marvelous vessels-Kouas-Chakra from Ego-character to a Quantum-self personality
- Along with the conditioned movement of chi-prana are associated the conditioned feelings-emotions (chakra-meridians), and conditioned movement of the mind (habit-patterns).

Quantum Evaluation

- Assessment in term of Potentiality instead of fatality
- Quantum Natural Medicine is the science which addresses the complete nature or the wholeness of the healee

% of Quantum Collapse: Chakra Medicine is about the Full potentiality of the representation of the function of the Chakra

Ego Romance: 59 %
Self universal Love: 23%
Grief: 10%
Jealousy: 8%

Heart Chakra

Quantum Evaluation:
Require to scale qualitatively the % of collapse or realization of the quality at the meridians or chakra.
Chakra Medicine within Consciousness

Chakras & Vital Body Function, Organs, & Glands

- **Crown chakra**: Self-knowledge, Neocortex, pineal
- **Brow chakra**: Evolution Intuitive energy, Midbrain, Hind brain, eyes, pituitary
- **Throat chakra**: Self expression: Lungs (Volume) Voice), Speech organs, Throat, Thyroid
- **Heart chakra**: Self distinction (me and not me): Heart, Thymus – Immunity
- **Navel chakra**: Anabolism, Stomach, Spleen, Liver, Gallbladder, small intestine, pancreas
- **Sex chakra**: Reproduction, uterus, prostate, ovaries, and testis
- **Root chakra**: Eliminations organs, catabolism, large intestine, Kidney, bladder, Adrenal

Chakras & Dominants Feelings

- **Crown chakra**: Satisfaction (in) & Despair (out)
- **Brow chakra**: Clarity and understanding (in) & Confusion (out)
- **Throat chakra**: Exultation of freedom of speech (in) & Frustration (out)
- **Heart chakra**: Romance & Universal love (in) & Fell loss, grief, hurt and Jealousy (out)
- **Navel chakra**: Pride and Self-worth (in) & anger, unworthiness, resentment (out)
- **Sex chakra**: Sexuality and Amour (in) & Unfulfilled Lust (out)
- **Root chakra**: Selfish Rootedness, survival-oriented competitiveness (energy move in, increasing) & Fear (energy out, depleting)

Organs-Glands-Chakra-Dominants-Feeling

- **Neocortex, Pineal**: Satisfaction & Despair (Crown)
- **Midbrain, Hindbrain, Pituitary**: Clarity & Confusion (Brow)
- **Thyroid**: Exultation & Frustration (Throat)
- **Heart/Thymus**: Romance & Jealousy (Heart)
- **Stomach, Spleen, Pancreas, Liver, Gallbladder, Small Intestine**: Pride & Unworthiness (Navel)
- **Sex, Reproductive Organs**: Sexuality-Love & Lust (Sex)
- **Eliminations Organs: Large Intestine, Kidney, Bladder, Adrenal**: Rootedness & Fear (Root)
Root Chakra

- Constipation.
- Diarrhea.
- Piles
- Colitis
- Crohn's disease
- Cold fingers and toes
- Frequency of urination.
- Hypertension (high blood pressure)
- Kidney stones

Quantum Evaluation:
Require to scale qualitatively the % of collapse or realization of the quality at the meridians or chakra.
Sex Chakra

- Pre-menstrual syndrome.
- Problems with menstrual flow.
- Uterine fibroids.
- Ovarian cysts.
- Endometriosis.
- Testicular disease
- Impotence.
- Prostatic disease.

Quantum Evaluation:
Require to scale qualitatively the % of collapse or realization of the quality at the meridians or chakra.

Navel Chakra

- Diabetes.
- Pancreatitis.
- Liver disease.

- Gastric & Peptic ulcer.
- Coeliac’s disease.
- Gall stones.
- Irritable Bowel
- Hiatal hernia
Quantum Evaluation:

Heart Chakra

- Heart diseases.
- Diseases of the Immune System for example, Aids and ME (myalgia, encephalomyelitis, sometimes referred to as chronic fatigue syndrome or post viral syndrome).
- Other problems related to the immune system, allergies and cancer of the breast.

Quantum Evaluation:
require to scale qualitatively the % of collapse or realization of the quality at the meridians or chakra.

Heart Chakra

- Universal Love
- Creative Transformation
- Possessive Romantic & Fell Loss, Grief, Hurt and Jealousy

Heart
- (In touch with the "Chen" treasured by its spouse, Heart)

Lung

Thymus
- Immunity

Quantum Evaluation:
require to scale qualitatively the % of collapse or realization of the quality at the meridians or chakra.
Throat Chakra
- Anorexia nervosa
- Asthma.
- Bronchitis.
- Hearing problems
- Thyroid problems - over active/ under-active.
- Tinnitus (tinnitus may also be connected to problems with the brow chakra).
- Problems of the upper digestive tract
- Mouth ulcers
- Sore throats

• Tonsillitis

Quantum Evaluation:
Require to scale qualitatively the % of collapse or realization of the quality at the meridians or chakra.

Brow Chakra
- Tension headache.
- Migraine.
- Visual defects.
- Short-sightedness.
- Long-sightedness.

• Glaucoma.
• Cataracts.
• Catarrh.
• Sinus problems.
• Some ear problems.
Quantum Evaluation:
Require to scale qualitatively the % of collapse or realization of the quality at the meridians or chakra.

- Dizziness, and even just feeling as if one has a muzzy head.

Crown Chakra
- Depression.
- Parkinson's disease.
- Schizophrenia.
- Epilepsy.
- Senile dementia.
- Alzheimer’s.
- Many mental disorders.
- Confusion.

Quantum Evaluation:
Require to scale qualitatively the % of collapse or realization of the quality at the meridians or chakra.
Bio-Vital-Mental-Supramental-Bliss Terrain

Pillar: Immunity
Heart Chakra: Green

• Heart diseases.
• Diseases of the Immune System for example, Aids and ME (myalgia, encephalomyelitis, sometimes referred to as chronic fatigue syndrome or post viral syndrome).

• Other problems related to the immune system, allergies and cancer of the breast.

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Quantum Evaluation
Require to scale qualitatively the % of collapse or realization of the quality at the meridians or chakra.
Heart (Physical)
Insufficiency / Empty – Balance – Excess

Heart (Vital - Mental):
Insufficiency / Empty – Balance – Excess

How is your fire?

- Just as a healthy plant naturally produces flowers, a healthy person produces a healthy Fire.
- When our Fire is healthy, it responds appropriately to meet the tasks at hand.
- Like a thermostat, it knows when and with whom it can be warm and open, and when and with whom it needs to be more protective.
- Did you grow up in a warm family?
- Was it a cold family relationship?
- Hard hearted?
- Have you been broken-hearted more than twice in your life?
- Is there joy and laughter in your life?
- Are friendships important to you?
- Are you often depressed?
- How easy is it for you to give?
- How easy is it for you to receive?
- What was the relationship between your father and mother?
- Do you feel that you were loved in your childhood?
- In relationships are you concerned about the happiness of your partner?
- Do you accept yourself?
- If you had the possibility of changing your appearance, would you?
- Is it easier to accept yourself when someone appreciates you?
Quantum Evaluation:
Require to scale qualitatively the % of collapse or realization of the quality at the meridians or chakra.
Kidney (Physical):
Insufficiency/Empty – Balance - Excess

Kidney (Vital-Mental)
Insufficiency/Empty – Balance - Excess
Bladder (Physical):
Insufficiency/Empty – Balance - Excess

Bladder (Vital-Mental):
Insufficiency /Empty– Balance - Excess

How is your TChe (Chi-Tone)?

- When you wake up in the morning, are you full of energy?
- Do you feel all the time tired?
- Do you take time during the day to reenergize yourself?
- Do you feel all the time drain, and not having enough time
- to accomplish, we you have to do?
- Are you all the time insecure?

- Do you fear about the future?
- How is your sex life?
- Is it difficult for you take decision?
- Do you feel overwhelmed by situations?
- Do you feel sleepy all the time?
- Are you bitter about life?
- Do you want all the time more?
- Do you feel so discouraged, that you feel just don’t have the will to face another day?

Pillar: Elimination
Quantum Evaluation:
Require to scale qualitatively the % of collapse or realization of the quality at the meridians or chakra.
Liver: (Physical) Insufficiency/Empty – Balance – Excess

Liver: (Vital-Mental) Insufficiency/Empty – Balance – Excess

Gall Bladder: (Physical) Insufficiency/Empty – Balance - Excess
Gall Bladder: (Vital-Mental) Insufficiency/Empty – Balance - Excess

How goes your plan?

- Do you often wish things were different?
- How frustrated are you when things don’t go your way?
- Do you have goals in life?
- Do you have a purpose in life?
- Do you have small projects that keep you going all the time?

- Do you feel that life surprises you with better plans than your own?
- Does your life seem at a dead end?
- Do you usually find a solution to the challenges in your life?
- Do you often have confrontations in your relationships?
- Are you audacious in life?
- Or are you audacious?
- Are you critical of others?
- Do you feel you must always be right?
- Are you ever apprehensive?
- Are you easily thrown off balance and lose your vision?
- Are you confident when you make a decision?
- Are you a winner every time you make a decision?

Elimination:
Quantum Evaluation:
Require to scale qualitatively the % of collapse or realization of the quality at the meridians or chakra.
Quantum Evaluation:
Require to scale qualitatively the % of collapse or realization of the quality at the meridians or chakra.

Lung: (Physical) Insufficiency/Empty – Balance - Excess

Lung: (Vital-Mental) Insufficiency/Empty – Balance - Excess
How is your let it Go?

- Do you find yourself thinking often about the past?
- Do you feel your best is still to come?
- Have you had enough of your symptoms or disease?
- Are you still thinking about someone you lost?
- Do you feel obsessed by your past?
- Do you feel sad all the time?
- Are you optimistic about relationships?
- Do you feel isolated?

- Do you identify yourself as realistic about relationships?
- Do you tend to see the negative side of things?
- Do you try to compensate for your sadness by what you think will add worth (status-conquest)?
- Are you looking for recognition or seeking respect?
- Are you identifying your own worth with what you have lost (dear ones, possessions, opportunities, etc)?
- Are you a collector? Do you tend to accumulate things?
- Do you feel heartbroken?
- Do you find balance in your relationships?
Quantum Evaluation:
Require to scale qualitatively the % of collapse or realization of the quality at the meridians or chakra.

Small Intestine: (Physical Insufficiency/Empty – Balance - Excess)

Small Intestine: (Vital-Mental) Insufficiency/Empty – Balance - Excess
How is your power of manifestation?

- Do you feel efficient?
- Are you remorseful?
- Do you recuperate easily after working hard?
- Does your nervousness make you inefficient?
- Are you inspired by your work?
- Does it mean something for you to make a contribution in life?
- Do you have dynamism in life?
- Is your mind usually cloudy, making you unproductive?
- Do you have the means to increase your level of energy?

Assimilation: Small Intestine & Heart
Quantum Evaluation:
Require to scale qualitatively the % of collapse or realization of the quality at the meridians or chakra.

Spleen Pancreas: (Physical) Insufficiency/Empty – Balance - Excess

Spleen Pancreas: (Vital Mental) Insufficiency/Empty – Balance - Excess

Stomach: (Physical) Insufficiency /Empty– Balance - Excess
Stomach: (Vital-Mental) Insufficiency/Empty – Balance – Excess

How is your Caring?

- Were you nurturing enough in your childhood?
- Do you feel productive?
- Is the memory of your mother was positive one?
- Do you take care of yourself?
- Do you feel understood in your needs?
- Are you seeking outside for someone to feel better?
- Are you looking to have the sympathy of others all the time?
- Is compassion absent in your life?
- Do you over-mothering your relative one to get sympathy?

Spleen Pancreas: (Physical) Insufficiency/Empty – Balance - Excess

- Do you manipulate to get attention?
- Do you deny your real needs?
- Are exaggerating, over-complaining, and whining to attract sympathy?
- How you caring for others?
- Are you thoughtful?
- Do you have a good concentration?
- Are you discouraged easily?
- Do you have strong moral?
- Do you feel dejected even in a nourishing environment?
- Do you feel fruitless?
- Is nothing fills you up?

Spleen Pancreas: (Vital Mental) Insufficiency/Empty – Balance - Excess

- Shyness, no taste for life, boring, and without desire, misanthrope who hates the light, prefers solitude, food becomes a drug, greedy for unfulfilled desires
- Mental vitality, impartial and just, content
- Too much movement, activity, or joy, mentally over-excited, nightmares and delirium, impatience, unhappiness, everybody else is wrong, sarcastic, heavy, and tired
- Poor digestion, Belching, Weight loss, Anorexia, Weak heart, Anemia, No taste, Convulsions, Loss of Consciousness, Manic, Pathology
- Good concentration
- Swelling of the belly, Irregular menses, Varicose veins, Poor circulation in legs
- Sadness replaces joy, poor concentration, weak morals and consciousness, extreme anxiety, manic behavior, hostility against one’s surroundings and one’s destiny
- Strong morals and capacity for synthesis of thought, good concentration and math skills
- Exaggerated worry, depression, restlessness, discouraged by everything, sighing, obsession, neurasthenia
Stomach: (Physical) Insufficiency /Empty– Balance - Excess

- Cries, jumps at nothing, cold feet, slow digestion, belching, and gas, swelling of the body and exaggeration of digestive
- Physical vitality: Walks fast, acidic, pyloric spasms, cramps, excessive appetite, skin eruptions

Stomach: (Vital-Mental) Insufficiency/Empty – Balance – Excess

- Shyness, no taste for life, boring and without desire, misanthrope who hates the light, prefers solitude, food becomes a drug, greedy for unfulfilled desires
- Mental vitality, impartial and just, content: Too much movement, activity, or joy, mentally over-excited, nightmares and delirium, impatience, unhappiness, everybody else is wrong, sarcastic, heavy, and tired
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